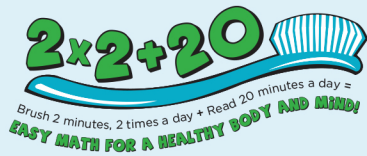


MY BRUSHING AND READING CHART

Name: _____ Month: _____



Monday



Instructions:
Brush 2 minutes, 2 times a day and read for 20 minutes a day. After brushing and reading, cross off that day's tooth and book icons to finish your day!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  

 **DELTA DENTAL**

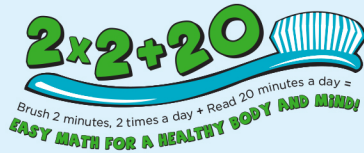
Delta Dental of Oklahoma Foundation



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